

Maltese Aged Care Association (SA) Inc.

**Annual Report
2010/2011**

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Acknowledgement

**MALTESE AGED CARE
ASSOCIATION (SA) INC.**

**MEALS
&
COMMUNITY SERVICES**

IS FUNDED BY



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM
PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED

Objectives

1. The principal object of the Association shall be to provide assistance without reward, to persons in necessitous circumstances and for the relief of needs arising from old age, sickness, incapacity, isolation, loneliness or insecurity, with priority given to the Maltese Community and those from culturally and linguistically diverse backgrounds.
2. Initiate and develop services to meet the needs of people in the Maltese Community of South Australia who are aged, frail or disabled.
3. Ensure that the Maltese Community has priority of access to all services, while also making services available to members of other cultural communities.
4. Cooperate and liaise with existing organisations to formulate and implement an overall strategy of coordinating services to optimise the benefits of these services to the Maltese Community, in particular, the elderly and infirm.
5. Act as an advocate body, lobbying for the rights and concerns of Maltese aged persons.
6. Collate and disseminate information on the availability of various facilities and services for the use of the Maltese Community, in particular, the elderly and infirm.
7. Endeavour to improve the quality of life of the members of the Maltese Community – in particular, the elderly and infirm – through the facilitation of their participation in the cultural and linguistic-specific social and religious activities that they value.
8. Assist members of the Maltese Community who require respite care to access these services.
9. Encourage the Maltese Community, and, in particular, the younger generations, to become more actively involved in addressing the needs of the aged members of the Maltese Community.
10. Continually monitor the effectiveness and efficiency of the services established by the Association to ensure that they evolve to meet the changing needs of the Maltese Community, and to deliver high quality care to this community.
11. Consult, liaise and cooperate with other mainstream and ethno-specific bodies and persons whose objectives and purposes are similar to those of the Association.
12. Promote and implement such other objectives and purposes, which the Association may determine from time-to-time; and to do all such things for the purpose of achieving and maintaining the objects and purposes of the Association, as the Association may deem advisable and as the finances of the Association permit.

Management Committee

Our Management Committee for the 2010/2011 financial year was as follows:

Position	Board Member
Chairperson & Public Officer	Tony Mangion
Vice Chairperson	Carmen Vining
Treasurer	Kimberley White
Secretary	Helen English
Board Member	Rosa Matto
Board Member	Lawrie Caruana

Chairperson's Report



I have appreciated the opportunity to serve the Maltese Community and working with the other Board Members, volunteers and kitchen/office staff.

I am pleased to report that we have an excellent relationship with all levels of staff of the City of Charles Sturt who are the owners of the Cheltenham Community Centre, part of which MACASA leases.

Thank you to all other Board Members, Office and Kitchen staff, and volunteers who have made my role that much easier and certainly that much more enjoyable. The Centre is enjoyed by many other ethnic communities, and this has given MACASA the opportunity to service these groups with non-HACC meals.

I am pleased to report that, earlier this year, we were audited under the new Community Care Common Standards for the services we provide. Audit/Appraisals are always a stressful time, and I want to take this opportunity to thank all of our staff, that is, Office and Kitchen, for their assistance, and also to our volunteers and clients who so generously assisted us during the Appraisal process. We have received a very good report, and again I commend everyone for their part in this excellent achievement.

Some highlights I would like to mention are:

- MACASA has been able to renew the lease on its premises for a further 3 years with the City of Charles Sturt.
- We have received funding from the SA Government which allowed us to update our IT software and hardware in the Office which has started to make life easier for our admin staff. I would like to extend a big thank you to Ross Parrott who supervised the process. Your input is greatly appreciated.
- Our social excursions have been a huge success! So successful, in fact, that the Board was happy to approve more social activities; and I hope that these continue to be supported as well as they have been. Thanks are in order to our Services Manager, Jo Emms, for arranging and participating in these outings.
- In our regular newsletters that we send to you, we try to include topical news items. I hope you have enjoyed this material that we provide which relates generally to health, Government services and social activities.
- Our Monthly Activities at Salisbury, Cheltenham and St Mary's have been well attended, and I hope you continue to receive the enjoyment that we get from providing them to you. If you have not participated already, please join in!

We hope to add some new Board Members at the AGM and, if you are interested in assisting, please do not hesitate to contact me or one of the other board members who would be pleased to explain what is involved and the satisfaction that you can derive from participating in the management of MACASA operations.

Lastly, I have regretfully announced my own resignation as a member of the MACASA Board, due to increasing work commitments and family obligations. I wish MACASA all the best for the future.

TONY MANGION
Outgoing Chairperson
Maltese Aged Care Association (SA) Inc.

Treasurer's Report

Income

Income is derived from grants from the Department of Health and Family Services, partly in ongoing funding and partly in one-off funding. Income is also derived from a collection of minimal fees from clients for services, like meals and transport; plus membership fees, fundraising, donations and community contributions. Indeed, this year we finished with a slight surplus.

Expenditure

Proper expenditure records have been kept to ensure that reports prepared from our accounting system are true and fair. The Finance Committee and the Board has met to assist the Services Manager to ensure that the expenditure is kept within budget, and to assist with decision-making for abnormal expenditures.

Reserves Investments

The reserves are made up of Government funding paid in advance, donations, accumulated community contributions and proceeds from fundraising activities. Our reserves ensure the future replacement of plant and equipment, employees' entitlements and some provision for emergencies. Our funds are currently invested in a term deposit with the Commonwealth Bank.

Statement of Accounts

Basic accounts are prepared internally by our administration staff, maintained and reconciled monthly by an independent consultant, and verified and compiled by Chartered Accountants Rinaldi & Co at the end of the financial year. The financial report has been independently audited by Rinaldi & Co auditors. The detailed accounts form part of our Annual Report.

KIMBERLEY WHITE

Treasurer

Maltese Aged Care Association (SA) Inc.

Services Manager's Report



There are always great challenges, rewards and excitement working with the Maltese Community to provide much needed aged care services, and while working together with families, management, staff and volunteers.

MACASA is now well and truly settled in its new location in the Cheltenham Community Centre. Our partnership with the management and staff of the City of Charles Sturt provides the opportunity to work closer with various groups that meet regularly at the Cheltenham Community Centre.

The integration of our administration office and the Kitchen addressed the issues of distances travelled by our volunteers on the delivery runs and the day-to-day administration of our services. MACASA moved to Cheltenham in May 2009, and this year was able to secure another three-year lease to 2014 with the City of Charles Sturt.

In May 2011, MACASA was appraised under the new Common Standards for the services it provides under the Home and Community Care (HACC) program. Under the HACC program MACASA is funded to deliver high quality, affordable and accessible services for the well-being of eligible older Maltese people, younger people with a disability, and their carers. The HACC Program is a key element of the Australian Government's aged care policy and its vision for a world-class community care system.

The appraisal was conducted over two days; and months of planning and preparation needed to be undertaken beforehand. Thank you to all the staff, volunteers and clients who assisted the appraisers with their interviews. We rated very well and are very happy with our performance. We pride ourselves on our continuous improvement approach to our policies and services.

Word of mouth regarding the quality of our culturally-appropriate hot meals is spreading, and I constantly receive praise and referrals to service outside our normal delivery areas. Unfortunately, due to a lack of volunteers and resources, we can't always assist outside the western suburbs; however, it is MACASA's vision to expand and deliver services to other areas with the continued support of its volunteers.

Our Kitchen prepared approximately 17,000 meals this year, and our volunteers delivered nearly 8,000 of those meals. The rest of the meals were provided to Henley and Grange Community Centre, Coinda Neighbourhood Centre at Marion, Maltese residents at Melita House in Regency Green Multicultural Aged Care Facility, our monthly Activity Group clients at Cheltenham, our frozen meal program, and many more clients who visit the Cheltenham Community Centre on a regular basis.

The introduction of a new single menu in January was very successful with our clients. MACASA continues to provide a four-week rotating menu, and it still offers a choice from two main meals every day. We pride ourselves on the quality of our service and delivered meals program to the frail and elderly in our community.

MACASA also provide the services of monthly activity groups, social support, domestic assistance and transport. The monthly activity group program continues to expand in

numbers. The southern monthly lunches moved from Hackham West to St Mary's this year, and the new location is proving much easier for the Maltese clients. The new venue is Strings Bistro inside Racquets SA on South Road (opposite the old Mitsubishi site).

Two Health Information Programs were run in November 2010 and May 2011 providing valuable health information. Our guest speakers were Silvio Iadarola from the Aged Mental Health Care Services and Clara Tait from the Asthma Council, respectively. MACASA thanks the Maltese Guild of South Australia for providing a venue for this program.

A number of full-day excursions have taken place during the year. Thanks to the Multicultural Communities Council of SA for providing the funding for two 'Carers Day Out' excursions visiting Victor Harbor, Goolwa, Hindmarsh Island and Hahndorf in November 2010 and February 2011. The 'Carers Day Out' provided much needed respite from their normal day-to-day activities.

Following the success of these day trips, I received many requests to run other excursions for the Maltese Community in general. Due to the high demand, the MACASA Board approved further social activities for our Maltese clients. The first of many was a Murray River Cruise on the Barrangul Showboat in May. We then ventured to Pryors on the Fleurieu for a Cabaret-style show by hosts Peter and Rhonda on their magnificent 5-acre property in July. Two more trips are planned for the rest of the year – one in September and the other one in November. These day trips are very popular with our Maltese clients and will continue next year.

I wish to thank a number of groups, without whose continued support MACASA's services to the community would not be possible. In particular, I would like to thank the MACASA Management Committee, all of whom are volunteers, the dedicated Office and Kitchen staff who continue to go the extra mile, and all our wonderful volunteers who freely give generously of their time to ensure the continuity of our vital services.

JO EMMS
Services Manager
Maltese Aged Care Association (SA) Inc.

Thank You to this Year's Staff & Volunteers

MACASA appreciates and values the efforts of all our staff and volunteers.

Welcome and thank you to our new volunteers and staff; and thank you to our existing volunteers and staff.

Claudine Abela
Ellena Bezzina
Charles Borg
Mary Borg
Alfred Borg
Josephine Borg
Mavis Borg
Bernadette
Buhagiar
Jeff Burg
Robyn Burg
Bozena Cabaj
Lilian Camilleri
Lucy Camilleri
Joe Camilleri
Tony Caruana
Lawrie Caruana
Wendy Clarke

Jo Emms
Helen English
Alice Fabri
Salvu Fenech
Candice Ferguson
Frank Grima
Jane Grima
Charlie Hajszky
Susan Harty
Anne Harvey
Michael Howe
Susan Kelly
Doris Mangion
Tony Mangion
Ivan Mardel
Mary Mardel
Mira Maric
Rosa Matto

Gerhard Michaelis
Melva Michaelis
Ross Parrott
Frances Pearce
Christine Pedlar
Trevor Pedlar
John Robinson
Theresa Robinson
Carmen Saliba
Leli Saliba
Charles Sammut
Michael Tseratsion
Mavis Unger
Anthony Vassallo
Carmen Vining
Kimberley White
Dan Yifan
Neil Young

Grazzi ħafna!

Monthly Activity Groups at Cheltenham Community Centre



Monthly Activity Groups at Salisbury RSL



Monthly Activity Groups in the South



Staff & Volunteers' Christmas Lunch 2010



Bus Trips

To provide an opportunity for carers in our community to enjoy some leisure time and respite away from home, MACASA organised two excursions to Victor Harbor, Goolwa, Hindmarsh Island and Hahndorf. One trip was on 20 November 2010 and the other one was on 12 March 2011. The day out was funded by the Multicultural Communities Council of South Australia.

These outings were very successful, and high praise was received from everyone who participated. Word soon travelled through the Maltese Community, and MACASA was inundated with requests to run more bus trips. Consequently, the MACASA Board agreed to fund further trips to accommodate the requests.

So far this year, MACASA was able to fund further day trips for a Murray River Cruise aboard the Barrungul Showboat on 28 May, Pryers on the Fleurieu on 30 June and a trip to Moonta on 17 September 2011. The last one for the year is planned for 5 November to Monarto Zoo. The photos below demonstrate the good times had by all.

Carers Day Out



Murray River Cruise on the Barrungul Showboat



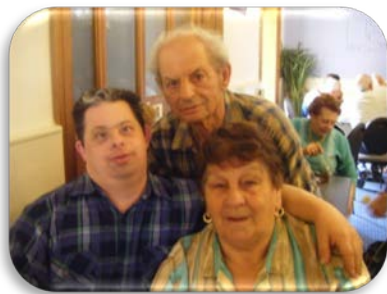


Pryers on the Fleurieu





Cornwall Hotel at Moonta



Statistics

This is a brief snapshot of the Service's statistics over the 2010/2011 financial year as at 30 June 2011.

- The total number of clients who received services throughout the year was 252.
- We assessed 81 new clients.
- Our Kitchen served a total of 16,646 hot meals. Of those, 7,377 were home-delivered meals, 3,653 were frozen pick-up meals, 804 went to the Maltese at Regency Green Aged Care Facility, 3,278 went to other community centres for distribution, and 1,534 were consumed at the Cheltenham Community Centre.
- 33 clients receive Domestic Assistance and Social Support.
- 38 clients received Transport Services totalling 572 one-way trips.
- 72 clients received counselling, support, information or advocacy.
- A total of 135 clients attend Monthly Activity Groups at Cheltenham Community Centre, Salisbury RSL and/or Racquets Bistro.